

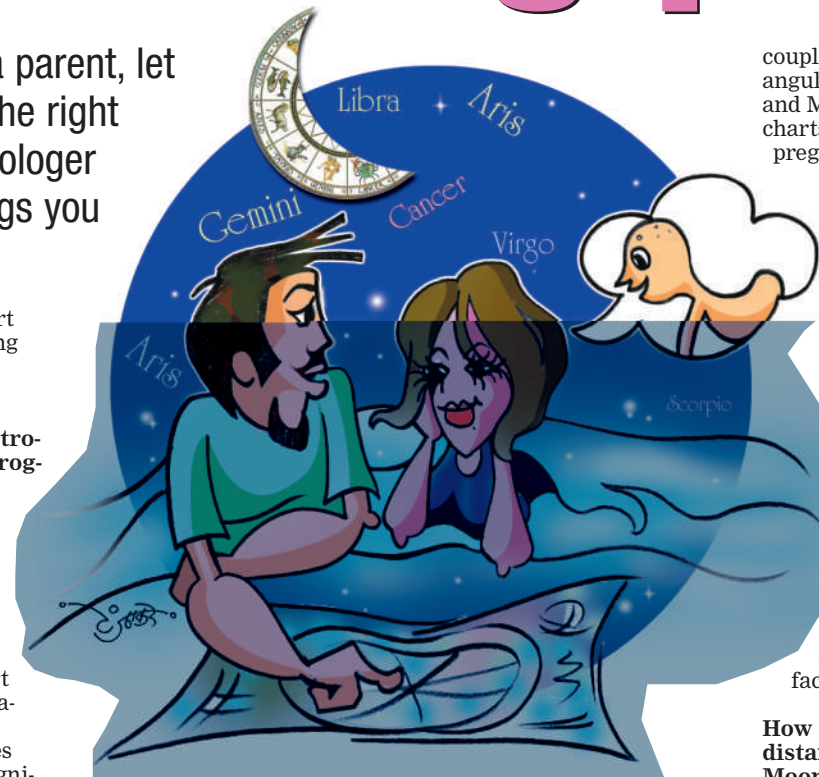
# Charting out a parenting path

If you wanna be a parent, let the stars design the right baby for you. Astrologer Vipul Saxena brings you a baby calendar...

Your astrological chart affects your parenting prospects. Here's a crash course.

**How does the parents' astrological chart affect the progeny?**

The fifth house in a chart deals with the progeny. Planets such as Sun, *Ketu* or *Rahu* occupying this house or aspecting it, reduce probability of child birth, unless the fifth house in the partner's chart is flawless. However, occupation of the fifth house by Saturn only delays, but does not deny child birth and signifies possibility of a female child. Position of mercury in the fifth house also ensures a female child. Location and strength of Venus ensure the man's stars while Moon is responsible for the woman's. If these factors are favourable in the chart of a couple and compatibility study of both the charts do not manifest 'nadi



dosha,' they can become parents without any problems.

If the chart of one of them is defective, some astrological and medical remedial measures can improve the situation. Sun plays a very important role as it deals with the physical capability of an individual, while Moon deals with the

state of mind.

Hence, in every chart, Sun and Moon play vital roles in the process of pregnancy. The angular distance between Sun and Moon in the charts of the couple is the key factor as it determines the peak fertility time or the PFT.

If the birth charts of the

couple are defect-free, then the angular distance between Sun and Moon in female birth charts can be used to achieve pregnancy.

If the male chart is defect-free, but the female chart has a defect and necessary astrological and medical remedial measures have been taken, in such cases also angular distance in the female chart becomes a ruling factor.

If the female chart is defect-free but the male chart has a defect and necessary astrological and medical remedial measures have been taken, in such cases angular distance in the male chart becomes a ruling factor.

**How to measure angular distance between Sun and Moon in a birth chart?**

Every zodiac sign is spread over 30 degrees. For example, in a chart, the Sun is Aries 14 degrees 20 minutes and the Moon is Virgo 20 degrees 35 minutes. The angular distance between Sun and Moon will be 156 degrees 15 minutes. Follow these rules and allow the stars to plan out your family.

## You go 'Virgo'

Some famous people born in this zodiac

- George Wallace: Politician
- Sean Connery: Actor
- Mother Teresa: Humanitarian
- Yasser Arafat: Political Figure
- Ingrid Bergman: Actor
- Michael Jackson: Singer
- Richard Gere: Actor
- Gloria Estefan: Singer
- Charlie Sheen: Actor
- Raquel Welch: Actor
- Peter Sellers: Actor
- Michael Keaton: Actor
- D.H. Lawrence: Writer
- Agatha Christie: Writer
- Anne Bancroft: Actor
- Greta Garbo: Actor

## The Tip

**How should one sleep, according to Feng Shui?**

Do not sleep facing a mirror. The water element of the mirror will cause ill health. Avoid having any water feature in the bedroom such as aquariums, paintings of rivers and lakes, computers or televisions.



SOULFUL SINGERS: Roopkumar Rathod with wife Sonali

## 'My music room is my temple'

I believe in the power of karma, singer Roopkumar Rathod tells BT

"I respect astrology as a science, but I don't believe in it. As far as I know, most astrologers or palmists predict about one's past accurately, but not about the future or else, great human tragedies could have been prevented. There is someone supreme above us all, who has the ultimate power to control our future.

My father has always insisted on karma. Even if someone serves you food, it's with your own hands that you eat. So, ultimately, it's your hand that is responsible for your karma; it is our work that matters the most. I also believe that work is worship. One must know how to make the best of opportunities that are offered. I do not believe in wearing gemstones, as I do not think that a small stone can affect the influence of planets. By wearing certain stones, not everyone can be successful. It's your hard work and to a certain extent, the luck factor that matters in life. I don't wear any lucky charms or pendants, nor do I believe that black is an inauspicious colour. In fact, it's my favourite one.

My wife Sonali believes in astrology and numerology, but I believe everyone has his or her own choices and I respect it. I do turn vegetarian on certain days of the year and I also do 40 days *chila*. It's like cleansing your system. I do not consider that some particular

days are good and auspicious. For me, every moment of life is precious and auspicious. For me, music is *bhakti*, a *sadhana*. I don't feel the need to go to temples and pray. For me, my music room is like a temple where I connect with Him, through my music. The atmosphere, singing and vibes make it a divine experience, which is immensely peaceful.

Only once did I take a *man-nat* in life, when my daughter was to be born. I went regularly before her delivery to Babulnath temple to pray for Sonali and my child's well-being. I have never felt the need to consult an astrologer; I have faith and confidence in myself. Even when I changed my career from *tabla*-playing to singing, I never went to seek advice from an astrologer. I think it's insecurity within that makes people turn to astrology. If it helps, then it's fine.

Time is the biggest element in life, for life is full of highs and lows, nights and days. We should know how to cope with all situations and phases of life and live well. Life is a cycle where there will be time for flowers to wither and bloom. It's one's faith and will-power that is most important in life for success and peace of mind. Belief in yourself matters more than anything else."

As told to PURNIMA GOSWAMI SHARMA



ORNAMENTAL VALUE: A model displays a gold necklace

Doing things at the right time makes all the difference. Which is why the concept of *mahuraths* is really popular — after all, well begun is half done, isn't it? Electional astrology gives us an insight into the concept of *mahuraths*. But here, we're going to tell you about why you should buy gold on

## Sold on gold!

Planning to buy gold? Set a date with your jeweller on September 1, advises astrologer Harsh Khiraiya

*guru pushya nakshatra*, which falls on September 1 and is an excellent *mahurath*. It's a day that promises wealth and prosperity.

**Meaning of mahuraths:**

● *Mahuraths* are nothing but special planetary configurations, which have been designed to ward off impediments that may occur in the progress and success of any venture, be it marriage or starting up of a new business.

**Importance of pushya nakshatra:**

● Out of the many *nakshtras*, *pushya* is one of the most auspicious and important. It is the eighth *nakshatra* ruled by Saturn and its presiding deity is *Brihaspati*. The word *pushya* etymologically means 'to nourish' and that again means to preserve, to protect, replenish, multiply and strengthen. It's considered to be the favourite of Lord Krishna. All auspicious activities undertaken on *pushya nakshatra* bear excellent results. It is good for all occasions except marriage.

**What is guru pushya nakshatra?**

● When *pushya nakshatra* falls on a Thursday, it is called *guru* (day of the week) *pushya* (name of *nakshatra*). It is one of the most auspicious days of the year. *Guru pushya nakshatra* falls on September 1, 2005 between 6.30 am and 10.15 am according to Mumbai time.

**Buying gold during guru pushya nakshatra:**

It is most desirable to buy gold in the duration of *guru pushya nakshatra*.

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## Be open to new ways of thinking as it will put you in touch with your strengths

**ARIES:** Time has come for you to speak your mind in order to stay healthy, both physically and mentally. Take more responsibility for your choices and make decisions based on facts, not your emotions. Share your thoughts with those around you, as exchanging ideas helps develop new strategies and also strengthens your ability to meet new challenges.

**TAURUS:** There is a need to be slow and patient, being open to learning and preparation, building realistic goals and trusting your instincts. Any physical problem you are having may be your inner self trying to get your attention. Get ready to risk giving up familiar habits and behaviours so that you can explore news of being and doing. Do not be afraid.

**GEMINI:** This is a purposeful and productive period for you. Respond to it quickly as the time is right and use your psychic energy to accomplish a difficult task. Also you need to meditate for guidance from a higher source before you take any action. Books about health and healing will boost your immune system and speed up your healing process.

**CANCER:** If you are struggling with the obligations of life, then slow down, and take

some time out to rest. Learn to say no to avoid feeling scattered. A healing touch treatment will balance your energy on all levels and help you with anger management too. Enjoy the fruits of your creative energy and use it to nourish yourself and those around you.

**LEO:** Time has come for you to face your fears and depression head-on. Develop a deeper understanding of the things happening around you or with you. Be more open to new ways of thinking and this will put you more in touch with pres-

### TAROT FORECAST (AUG 28-SEP 3) DEEPAK AND PINKY VAIDE

ent strengths. Be eager to experience the changes in perspective that will result from this revised thinking patterns.

**VIRGO:** Time has come to let go of ideas and negative thought patterns that bind you. You now need to see things more clearly and take appropriate action too. You will not be paralysed by your own fear if you only drop "I can't" and "Yes, but" from your vocabulary. You have the power of choice and choice will liberate your healer within. Examine your motives.

**LIBRA:** You have reached a point in your life where you now need to find a balance between work and play. If money worries are making you feel unwell, then seek the aid of a financial adviser. If you feel restless and do not know why, seek spiritual answers with the same energy you apply to your work and making money. Be more content with what you have.

**SCORPIO:** You now need to put your focus on all things creative, for it is the creative act that gives you a connection to something greater than

yourself. Your creative activities are an expression of your spirituality in everyday actions. Also time to seek new challenges. As this will help you to find the balance that is needed in your life.

**SAGITTARIUS:** Time for emotional healing. Seek the assistance of a healer who understands the importance of and is willing to work with the emotional level of illness and healing. Get a past-life reading to help you understand how past emotional issues are affecting you now. Develop your own psychic ability

because the time is right for discovery of the inner world.

**CAPRICORN:** Time-outs are good for you, but you need to reorganize your priorities and decide upon a course of action. Sustained effort is needed to fulfill your dreams. Meditation will help you to visualise and create the future that you have been dreaming about. Take advantage of this time, to review your achievement and appreciate the fruits of your labour.

**AQUARIUS:** Time has come for you to look at your present situation from another viewpoint. Turn towards your higher self for guidance to make the right choice or decision. Also have the patience to wait until you have the wisdom to know what to do and when to act. Do not be in a hurry to do anything. Accept that certain things cannot change & have courage to let go.

**PISCES:** Your card carries the message of creative inspiration. These messages will come from the Internet or telephone calls. Look for opportunities to also develop your creative talents through career, hobby or study. Changes in your lifestyle will greatly improve your health—get enough rest, eat right, exercise, meditate—your fiery energy will be renewed.